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National Collegiate Emergency Medical Services Foundation

Dear National Collegiate EMS Week Participant,

To kick off Collegiate EMS week NCEMSF is again excited to sponsor National Collegiate CPR Day. This special day was created to educate as many college students as possible across North America in the basic principles of CPR on a single day.

National Collegiate CPR Day is November 10, 2025.

We hope that you will join us in our efforts to teach others CPR and provide them with the skills to save someone's life. We have created this resource packet as a supplement to the main EMS Week packet, to help make your CPR Day event a success. There are many different activities that you can plan to spread the knowledge of CPR. You can hold an information session to introduce the basic principles of CPR; or you can set up an information table and encourage people to try CPR on mannequins. Consider also using the American Heart Association's CPR Anytime teaching materials (facilitator's guide appended to this packet) to educate your campus community. This is your chance to be creative and to allow your organization to stand out. Information and tips on event planning can be found in the main EMS week packet. Our goal is not to certify individuals in CPR but rather educate them.

Call 911 ... Position your hands in the center of the chest ... Push hard and fast.

Sincerely,

George J. Koenig, Jr., DO
President
National Collegiate EMS Foundation